

HEARING THE WORD

Children's Time

Hymn	<i>Will You Let Me Be Your Servant</i>	VT 778
Scripture	Mark 2:1-12, Qur'an 80:1-10	
Sermon	The courage to not be well	

RESPONDING

Hymns	<i>Together</i>	VT 389
Storytime Song	<i>Seeds</i>	VT 777

and Covenant Signing

*Children ages 5-11 are welcome to go to Storytime during the song.
Anyone who would like to sign the covenant scroll is welcome to come up during Seeds, Prayers of the People or following the service.*

Prayers of the People

Prayer response: 'Loving God,' 'We offer you our prayer.'

SENDING

Introductions, Announcements

Sending Song	<i>We Have Been Sent by God</i>	VT 771
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Passing the Peace

The peace of Christ be with you.

And also with you.

Worship Leaders: Kirsten Beachy, Barbara Moyer Lehman (Music),
Melody Mast (Musician), Heike Peckruhn (Speaker), Brian Bolton (Children),
Georgia Metz (Prayers), Jan Emswiler (Visuals)

Tech: Vivan Clark, Christopher Clymer Kurtz, Nate Clark, Andrew Yoder

Hospitality: Tim Godshall (Greeter and Mugs)

Storytime: Kristin Wenger, Maria Swartzentruber

Covenant Season

October is Shalom's Covenant Season, when we consider our shared interests and commitments for the year ahead. Each Sunday in October we'll have an opportunity in worship for signing our shared covenant scroll, agreeing together that:

In the coming year I commit to Shalom Mennonite Congregation in being welcoming, inclusive, and following Jesus' way of love, justice, and peace. I will work to bring about Shalom by building relationships with others, committing to causes of peace and justice

inside and outside our congregation, and attending to both my personal and our collective spiritual journey and transformation.

We also hope all Shalom participants will complete our Covenant Survey online during October at shalommc.org/covenant.

Today

9 am: Adult Formation: Leah Reesor-Keller (Int. Dir. Anabaptist Climate Collaborative)

10 am: Worship (childcare for children under 5)

~11 am (before prayers): Storytime for children ages 5-11

3 pm: Youth Group @ EMS

7 pm: Young Adult Gathering

Coming Up

Oct 19, 7 pm: Pastoral Care Team @ Sandy's house

Oct 20, 5:30 pm: Spanish Conversation Supper

Oct 21, 1:30 pm: Worship Team

Oct 21, 6:30 pm: Administrative Council @ Shalom Office

Oct 23, 10 am: Intergenerational Gathering

Oct 25, 9 am: Adult Formation: Andrew Jenner

Topic: I want to live simply but often find myself failing miserably.

Oct 25, 10 am: Worship (childcare for children under 5)

~11 am (before prayers): Storytime for children ages 5-11

Oct 25, 3 pm: Youth Group @ EMS

Budget Summary, Oct 4

(no update this week)

	Last Week	YTD
Budget goal	\$6,483	\$259,347
Actual giving	\$3,248	\$237,342
Expenses		\$248,441
Surplus(Deficit)		(\$11,098)

Shalom welcomes donations online (scan the QR code or go to shalommc.org/give), via mail, or in-person using the offering box in the foyer. Each week in worship we'll bless our gifts at the end of Prayers.



Visitors: Welcome to Shalom! If you would like to be on our mailing list or be contacted by someone on the pastoral team, please send your name and email to office@shalommc.org. You can also scan the QR code to fill out a survey about yourself or access the giving link for Shalom.

Shalom Mennonite Congregation is a welcoming and inclusive community rooted in Jesus' radical call to love, justice, and peace.

We seek to grow our welcome and inclusion as we deepen our spirituality, build meaningful relationships, work for peace and social justice, and cultivate diverse community connections.

Visit our website at shalommc.org/vision to find out more about who we are, what we do, and what we strive for. You can also read there about our commitment statements regarding inclusion of many who identify as LGBTQIA+, and our policy and practices around maintaining an environment that protects children from abuse.

Office Address: 1110 Smith Ave, Harrisonburg VA 22802

Mailing Address: EMU, 1200 Park Rd, Campus Box 8,
Harrisonburg, VA 22802 **Phone:** 540-432-1659

Staff Pastors: Brian Bolton, Georgia Metz, Sandy Wenger, Krista Showalter Ehst (on sabbatical through Jan 3); Administrative Assistant: Sandy Wenger; Bookkeeper: Joo Kim; Facilities Setup Coordinator: Norys Robles; Nursery & Safe Congregations Administrator: Ellen Miller.

Congregational Chair: Melody Mast

Please contact any member of the Safe Congregation Team if you have questions or concerns regarding inappropriate sexual conduct, violence, intimidation, or physical abuse by child-care workers, teachers, or others in the congregation: Ellen Miller, 540-383-4209, Georgia Metz, 540-830-8490, Ross Erb, 540-435-0350, Jan Emswiler, 540 435 5158



Shalom Mennonite Congregation

October 18, 2026 | Building the Body - Covenant Month

GATHERING

Centering Bell

Gathering Song

Mountain of God

VT 11

Welcome

Call to Worship*

One: We arrive into the togetherness
of all of our beautiful bodyminds and mindbodies.
Some of us came here via the most direct route.
For some, the long way around was better,
sometimes it's the only way that works,
or the Zoom that enables us to join.
Some do not join us now, but think of this place,
and this time, and these people
with softness in their spirits.

Many: All of us need all of us.

One: We all need care sometimes.

Many: We all have care to offer.

One: Our bodies, minds, and spirits are formed by God,

Many: in all their wonderful variations.

One: God, survivor of the pressure to conform and perform,

Many: Be with us.

One: God, survivor of human inflicted pain,

Many: Be with us.

One: God, O very-very-different being,

Many: Be with us.

Hymn

Help Us to Help Each Other

VT 722

**snippets from an interactive liturgy Heike did with her students.*